

Recommended Resources List

Books:

- ***Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction*** by Gary Wilson (Subject: The Science of Pornography Addiction; Notes: Secular worldview)
- ***Wired for Intimacy: How Pornography Hijacks the Male Brain*** by William Struthers (Subject: Pornography Addiction; Notes: Christian worldview)
- ***Unwanted: How Sexual Brokenness Reveals Our Way to Healing*** by Jay Stringer (Subject: Pornography Recovery; Notes: Christian Worldview; Great book for those struggling with porn)
- ***Healing the Wounds of Sexual Addiction*** by Mark Laaser (Subject: Pornography Recovery; Notes: Christian Worldview)
- ***Good Pictures, Bad Pictures: Porn Proofing Today's Young Kids*** by Kristen Jenson (Subject: Parenting and Porn; Notes: Available on Amazon: [English Version](#) & [Spanish version](#); children's book for parents to read with children)
- ***Mending the Soul: Understanding and Healing Abuse*** by Steven R. Tracy (Subject: Abuse and Trauma Recovery; Notes: Christian Worldview; USA based)
- ***Everyday Abolitionist: Discover What You Can Do To Help Stop Modern Slavery / Human Trafficking*** by Tate Johnston (Subject: Practical steps that individuals and churches can take)
- ***Urban Shalom: Restoring Hope and Justice to Global Communities Affected by Modern Slavery*** by Kevin Austin and Katie Bergman (Subject: Study for individuals and churches for establishing holistic communities)

Articles:

- **Introduction to Hope 61:** Organization that works internationally to help train individuals in churches to engage with vulnerable populations as a means of prevention.
<https://www.facebook.com/omshope61/videos/1458002644236014/>

Films/Videos:

- ***The New Slavery: Investigation and Testimonies from Philippe Decourroux*** from Espoir Diffusion (Notes: A free to obtain documentary of 50 minutes about human trafficking and the sex-industry. The second half of this documentary deals with the relation between HT and the porno-industry. The DVD has been subtitled in many european languages: German, French, English, italian, Spanish, Portuguese, Dutch, Swedish, Bulgarian, Hungarian, Romanian, Polish, Estonian, Russian and Hebrew. To be ordered at www.espoirdiffusion.ch)

Websites:

- **Your Brain on Porn:** <https://www.yourbrainonporn.com>; (Notes: Great website if you're looking for scientific studies on the effects of porn; hundreds of studies cataloged on the effects of porn)
- **Covenant Eyes:** <https://www.covenanteyes.com>; (Notes: Great site for statistics and resources (in E-book form); has a content filter available; USA based)
- **Naked Truth Website:** <https://www.nakedtruthrecovery.com/support-groups>; (Notes: Porn recovery website with resources and access to online support groups; UK based)
- **Fight the New Drug:** <http://learn.ftnd.org>; (Notes: Articles and interactive webpages on how porn affects the brain, the heart, and the world)
- **National Center on Sexual Exploitation:** <http://pornharmresearch.com>; (Notes: peer-reviewed research articles, latest news, and opinion articles on the effects of pornography)